



an additional meeting with a teaching assistant, etc. These additional items plus class time would need to add up to 9 hours of student engagement per week with course material both inside and outside the classroom.

A course that meets 3 hours per week for 15 weeks would need a minimum average of 6 hours of student engagement outside the classroom.

A course that meets 2.5 hours per week for 15 weeks would need a minimum average of 6.5 hours of student engagement outside the classroom.

A course that meets 2 hours per week for 15 weeks would need a minimum average of 7 hours of student engagement outside the classroom.

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Kick-Off or Summary: 3 hours per page (includes research, reflection, and reading of others comments)

Posting: 1.5 hours per post (including reading others responses in order to respond)

Blog Entries in Response to Readings: 1 hour per entry

Reading and other Writing same as above.

Reading and Writing: same as above.

Course Extension Activities (Spiritual Formation Plan): 100 hours/plan (can include retreats, journal writing in connection with other group activities, individual spiritual direction, etc.)

NOTE: Summer Holistic Formation, for which students also receive 1 credit, meets only 6 times for 2 hours each session, and the reading and reflection assignments are commensurately shortened as well--although it carries with it the same course extension, which brings it over the U.S. D.O.E. minimum of 90 hours per credit.

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Reading and Writing: same as above.

Supervision: 1 hour per meeting

Site Paper Work: 0.25-0.5 hours (15-30 minutes) per page

Work on Site: Actual number of hours student is required to be at site