



Untreated mental illness is costly and severely impacts productivity in the workplace.

; `cVU`ma YbHU` \YU`h` X]gcfXYfg`UFY`cb`h`Y`f]gY`]b`Yj`Yfm`  
Vt`i` b`f`m`UbX`Vt`g`h`c`h`U`" `%`f`]"`cb`Ub`bi`U`n`z`]b`W`X`]b`[ `Ub`  
Y`g`h`a` U`h`Y`X`%`&`V`]"`cb`k`c`f`\_`b`[ `X`U`h`g`]b`"`c`g`h`d`f`c`X`i` V`i`j`]m`i`f`e`U`b`W`h`  
&`\$`%` E`

h`h`Y`I` "G`z`h`Y`Y`V`t`b`c`a` ]M`W`t`g`h`c`Z`a` YbHU` \YU`h` ]g`c`j`Y`f`" `%"`  
V`]"`cb`d`Y`f`n`Y`U`f`!` \`]"` \`Y`f`h`U`b`h`Y`Y`V`t`b`c`a` ]M`W`i` f`X`Y`b`c`Z` \`Y`U`f`h`  
X`]g`Y`U`g`Y`z`g`h`c`\_`Y`z`V`U`b`W`f`z`U`b`X`c`V`Y`g`]m`i`V`t`a` V`]b`Y`X`" `C`Z`h` ]g`h`c`h`U` V`t`g`h`z`  
`\*`\*` V`]"`cb`]g`U`V`t`b`g`Y`e`i` Y`b`W`c`Z`d`f`c`X`i` V`i`j`]m`i`c`g`g`Y`g`f`Y`U`h`Y`X`h`c`  
a` YbHU` \YU`h` "f`B`5`A` =`&`\$`%`&`

A` YbHU` \YU`h` U`W`t`i` b`h`g`Z`c`f`U`d`d`f`c`l`]a` U`h`Y`m`c`b`Y`!`h`]f`X`c`Z`g` \`c`f`h`  
U`b`X`" `c`b`[ `!`h`Y`f`a` X`]g`U`V`]"`m`i`W`U`]a` g`U`b`X`+`\$`i` `c`Z`k`c`f`\_`d`U`W`X`]g`U`V`]"`m`i`  
V`t`g`h`g`" `f`B`Y`c`]h`Y`" `h`g`l`[ `h`g`t`

Investing in mental health improves employee health, productivity, and loyalty.

H`Y`K`c`f`X`<`Y`U`h` `C`f`[ `U`b`]n`U`h`]c`b`Y`g`h`a` U`h`Y`g`h`U`h`Z`c`f`Y`j`Y`f`m`" `%"`d`i` h`  
]b`h`c` h`f`Y`U`h`a` Y`b`h`Z`c`f`V`t`a` a`c`b`a` YbHU` \YU`h` X]gcfXYfg`z`h`Y`f`Y`]g`U`  
f`Y`h`i` f`b`c`Z`" `&`!`" `]b`]a` d`f`c`j`Y`X` \YU`h` U`b`X`d`f`c`X`i` V`i`j`]m`i`

,`-`i` `c`Z`k`c`f`\_`Y`f`g`U`h`V`t`a` d`U`b`]Y`g`h`U`h`g`i` d`d`c`f`h`k`Y`!`V`Y`]b`[ `]b`]h`U`h`j`Y`g`  
U`f`Y`a`c`f`Y`" `]Y`m`i`c`f`Y`V`t`a` a` Y`b`X`h`Y`]f`Y`a` d`c`n`Y`f`h`c`h`Y`f`g`"  
f`b`Y` \`Y`g`h`z`&`\$`%` E`

,`\$`i` `c`Z`Y`a` d`c`n`Y`g`h`f`Y`U`h`Y`X`Z`c`f`a` YbHU` ]b`Y`g`g`f`Y`d`c`f`h`]a` d`f`c`j`Y`X`  
`Y`j`Y`g`c`Z`k`c`f`\_`Y` Y`V`i`j`Y`b`Y`g`g`U`b`X`g`U`h`g`Z`U`W`]c`b`"

High performing organizations invest more in holistic well-being and see greater returns.

By 2040 there will be a shift in spending from care and treatment to prevention and well-being

9`g`h`a` U`h`Y`X`Z`h`i`f`Y`  
 \YU`h` W`f`Y`g`d`Y`b`X`]b`[ `f`i`h`f`]"`c`b`t`

